



SN VIDEO PRODUCTION PRESENTS

INWARD

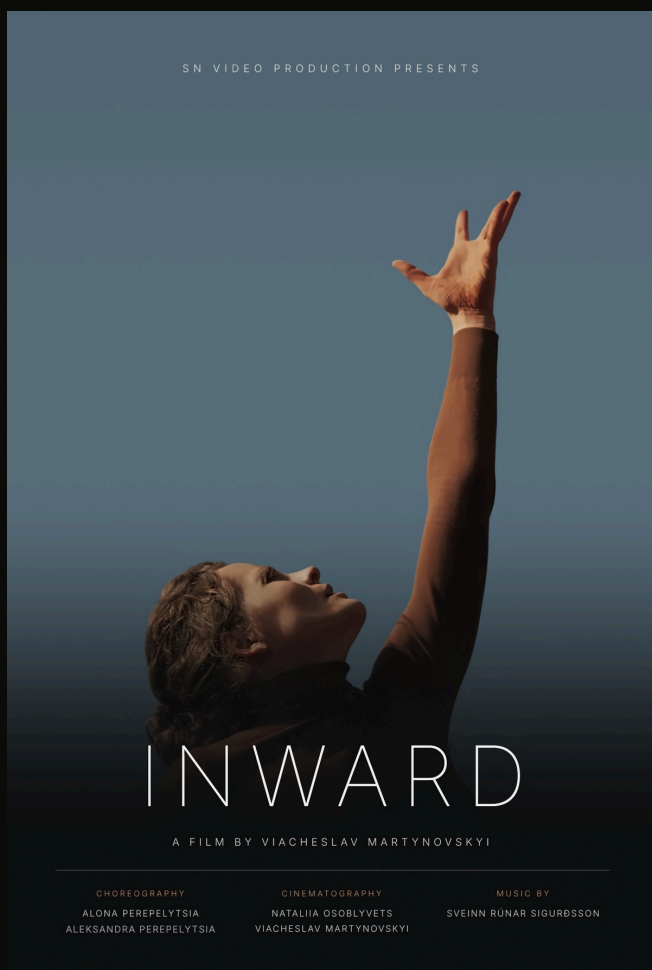
A FILM BY

Viacheslav Martynovskyi

6 MIN 57 SEC · DANCE / EXPERIMENTAL FILM · ICELAND · NO DIALOGUE · 2026

COMPLETED 2026

PRESS KIT



INWARD

FORMAT

Short Film

GENRE

Dance / Experimental Film

RUNTIME

6 min 57 sec

COUNTRY

Iceland

LANGUAGE

No dialogue

COMPLETION

2026

LOGLINE

Slowly sliding into a volcanic crater, a young woman begins to fight the beliefs that hold her down. Lifting her head, she sees a figure in white at the rim – and climbs toward it, not knowing who, or what, awaits her.

SYNOPSIS

On the slope of a volcanic crater, a young woman is slowly slipping toward the bottom, losing the strength and the will to go on.

But something in her refuses. Her first attempt to rise fails. So does the next. She keeps fighting the beliefs that hold her back — and then a figure in white appears at the rim, as if it has been waiting for her all along.

Step by step, she reaches the top. There, the figure in white guides her to the water, where their movements begin to mirror each other.

A wordless dance film about the light we cannot see until we begin to rise.



VIACHESLAV MARTYNOVSKYI

Director · Writer · Cinematographer

*There was a time when I barely left my home for weeks.
I lost interest in the world around me, and every day
repeated the one before.*

When I began working on INWARD, I wanted to tell a story about the strength that keeps us going when there seems to be no way out. But during the shoot, I realised the story was far more personal than I had thought: the protagonist's exhaustion and her attempts to rise were my own.

The volcano in the film is not just a location. It is a state in which a person slowly slips downward and no longer resists. Yet even there, something remains that refuses to give up. I remember climbing out myself — not all at once, and not without failure, but step by step.

I chose to entrust this story not to words, but to the body: dance has always helped me release emotional weight and feel joy again. In the film, the body moves from heaviness and tension to lightness and freedom, and the water in the final scene becomes a symbol of cleansing and a new beginning.

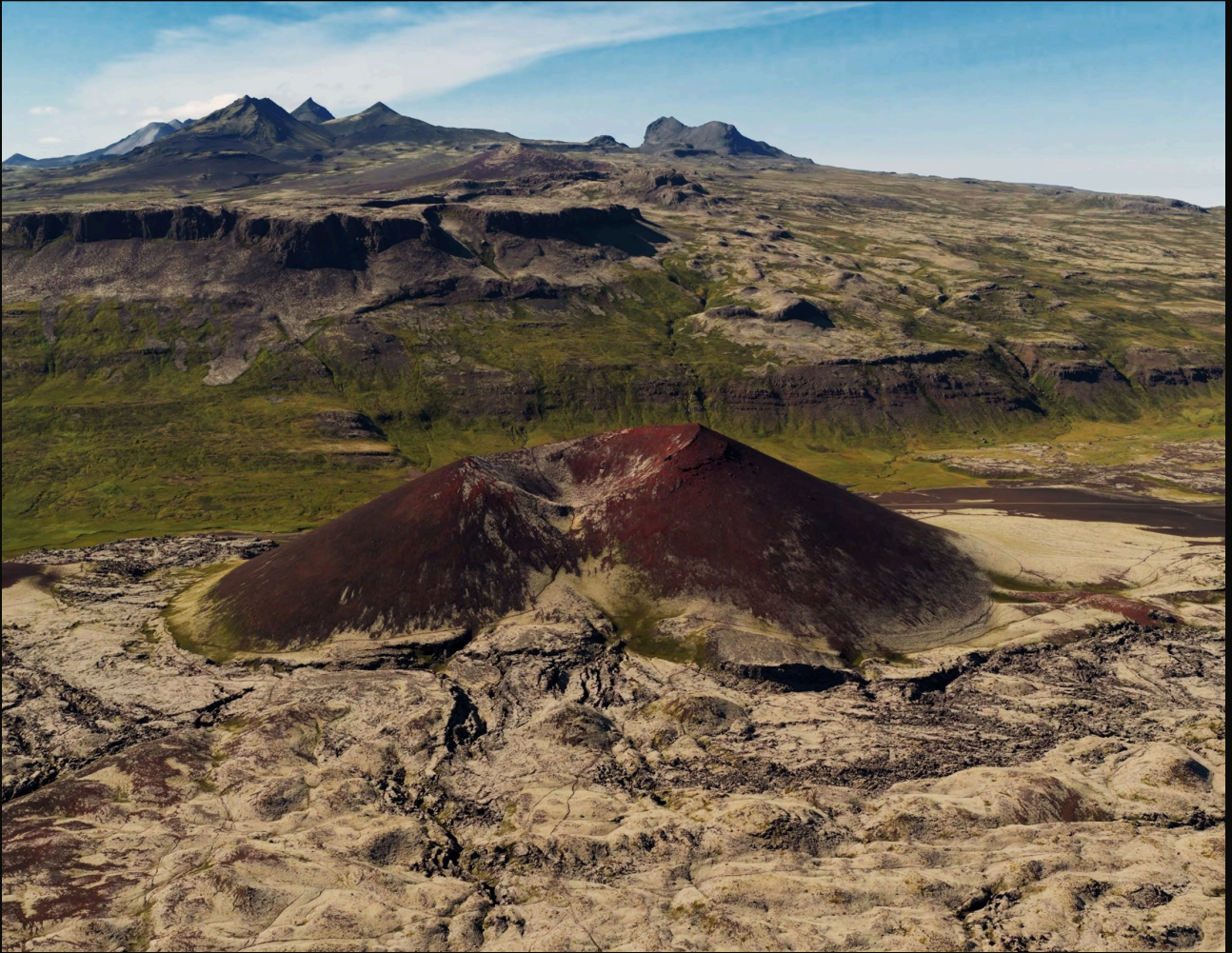
If the audience carries just one thing away, I hope it is this: change begins within us. Sometimes all it takes is the first movement upward.

TRAILER

Watch the official trailer

youtu.be/VBetJu-6Pf8

STILLS







Viacheslav Martynovskyi

DIRECTOR · WRITER · CINEMATOGRAPHER

Viacheslav Martynovskyi is a director, writer and cinematographer based in Reykjavík, and a co-founder of the company SN Video Production.

INWARD is a short dance film and his first film as a director and writer.

FILMS

2026 *INWARD*
Short dance film. Director, writer and cinematographer



Alona Perepelytsia

CHOREOGRAPHER · DANCER

Alona Perepelytsia is a Ukrainian-Icelandic dancer, choreographer, and stage director. She graduated as a Theatre and Performance Maker from the Iceland University of the Arts in 2025.

Alona is a co-founder and choreographer of The Body Theatre Nær, a performance dance company based in Reykjavík. In her choreographic work, she explores inner feelings and how they can be expressed through movement. Drawing on a mix of dance styles, her approach centres on naturalness, sensitivity, and femininity.

SELECTED WORK

- 2020 *Feel*
Dance film created in honour of the 125th anniversary of Seyðisfjörður, Iceland
- 2020 *Yumi Ito – Little Things*
Official music video
- 2025 *Don't Wanna Fall in Love*
Dance piece set to "Wicked Game," by Grace Carter

AWARDS & RECOGNITION

- 2026 *Gríman, Icelandic Theatre Award*
Choreographer of the Year, for her contribution to Pointe of Axis — a ballet created with Sally Cowdin, Anaïs Barthe and Ballet Axis
- 2009 *So You Think You Can Dance – 2*
Among the top 20 dancers, Ukrainian television



Aleksandra Perepelytsia

ACTRESS · DANCER

Aleksandra Perepelytsia is a Ukrainian theatre and film actress, dancer, performance artist and yoga teacher based in Reykjavík, Iceland. She graduated from the Kyiv National University of Theatre, Cinema and Television in 2010 as an actress of theatre and cinema.

She began her professional career at the Kyiv National Theatre, where she worked from 2007–2010. From 2011–2022, she participated in numerous TV shows, films, series and advertising projects in Kyiv, Ukraine.

Since moving to Iceland in 2022, Aleksandra has continued to live and create art, exploring the connection between acting, dance, movement and the body. She is deeply inspired by life, people and the human body — seeing the body as a powerful and expressive instrument for movement, connection and storytelling. As a yoga teacher and performer, she loves exploring the endless possibilities of the human body and its ability to communicate, transform and connect. Her work is driven by curiosity, love for people and a passion for exploring the endless possibilities of human expression.

SELECTED WORK IN ICELAND

2023 *As Long As We Live*
Actress, Iris

2024 *The Darkness*
Actress, Lulietta

2025 *SA(Á)LUR*
Dancer — graduate performance by Alona Perepelytsia, Iceland University of the Arts

2026 *Life on Line*
Artist — graduate work by Jón Sigurður Gunnarsson

2026 *Menningarnótt*
Dancer and circus artist, Reykjavík

2026 *The Body Theatre Nær*
Co-founder, with her sister Alona Perepelytsia — a performance and dance company based in Reykjavík



Nataliia Osoblyvets

CINEMATOGRAPHER · PHOTOGRAPHER

Nataliia Osoblyvets is an Iceland-based photographer and cinematographer with 15 years of experience in photography and 10 in video production. She holds a Master's degree in Psychology, and it shapes her work: she is drawn to the way people move, feel and reveal themselves, and to the atmosphere and light around them.

Her experience spans documentary filmmaking, creative direction, and photo and video production.

FILMS

2026 *INWARD*
Short dance film. Cinematographer, photographer



Sveinn Rúnar Sigurðsson

COMPOSER · PIANIST

Icelandic composer and pianist, born in Reykjavík, with a background in classical piano and a career that spans concert music, film and pop. Trained under Ferenc Utassy, Jón Sigurðsson and Pavel Manazek, he has composed since the age of 16 and has recorded numerous works by classical composers, including Grieg, Chopin, Rachmaninoff and Gershwin.

His film work includes the score for the Chinese action film *Wings Over Everest*, and now the original score for *INWARD*. He wrote Iceland's Eurovision entries "Heaven" (2004) and "Valentine Lost" (2007), and won a South African Music Award in 2006.

SELECTED WORK

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|------|---|
| 2004 | <i>Heaven</i>
Iceland's Eurovision entry. Composer |
| 2007 | <i>Valentine Lost</i>
Iceland's Eurovision entry. Composer |
| 2026 | <i>INWARD</i>
Short dance film. Original score |

AWARDS & RECOGNITION

- | | |
|------|---|
| 2006 | <i>South African Music Award</i>
Won |
|------|---|



Yelyzaveta Holovanova

PRODUCTION ASSISTANT

A bodywork practitioner with an interest in human connection and inner transformation, worked as a production assistant during the making of the film.

INWARD

FILM

DIRECTOR	Viacheslav Martynovskyi
FORMAT	Short Film
GENRE	Dance / Experimental Film
COUNTRY	Iceland
RUNTIME	6 min 57 sec
LANGUAGE	No dialogue
COMPLETION	2026
ASPECT RATIO	2.39:1
SOUND	Stereo
CAMERA	Sony A7S III
STATUS	Completed
PRODUCTION	SN Video Production

FESTIVAL MASTER

RESOLUTION	3840 × 1608 (4K Scope)
FRAME RATE	25 fps, progressive
PIXEL ASPECT RATIO	1:1 (square pixels)
COLOUR SPACE	Rec.709 (SDR)
MASTER VIDEO	Apple ProRes 422 HQ
MASTER CONTAINER	QuickTime (.mov)
MASTER AUDIO	Linear PCM, 24-bit, 48 kHz, stereo

CONTACT

SN Video Production

Reykjavík, Iceland

sn.productionvideo@gmail.com

inwarddancefilm.com

[instagram.com/videosn_](https://www.instagram.com/videosn_)

[facebook.com/inwarddancefilm](https://www.facebook.com/inwarddancefilm)